

TUCKER HOCKEY
FALL RINK RULES
“We are sport cohort friendly”

It's important to read, understand and adjust to our new hockey normal. Checking in every player one by one, self-declaration form collection, dressing room assignments, physical distancing etc all need to be respected. All of these critical steps can only be completed so fast.

With all this in mind, please ensure players are arriving focused on getting on the ice on time and are aware that they may have less time than usual to get ready.

Also, please remember to be patient as we work together to make the best of the current situation.

1: Player arrives at the arena no more than **25** minutes before the start of the on ice session.

- Fully dressed in their hockey gear (**No Exceptions**) & ensure you bring skate guards
- **Wearing a facial mask into the arena and in the dressing rooms is mandatory**
- **No** hockey bag brought in. Bring a Ziploc bag to place your facemask in while on the ice.

2: For initial registration, Player is greeted at the arena by Tucker Hockey Staff

Staff collects Self Declaration Form - required on the “first day” of the program.

- **Participants must email programs@tuckerhockey.com ASAP if any answers on their self-declaration change)**
- *Parents are permitted with physical distancing but we encourage everyone to limit the amount of time you spend in the facility. Please review ‘Back to the Rink’ document for further specifics.*

3: Player directed to dressing room / area by Tucker Hockey Staff

- Orderly / individually
- Maximum of 8 players per subgroup group assigned to each dressing room / area
- Note: Dressing room size will vary depending on the arena, players may have to dress in hall way/bleachers.
- No wandering in arena.

4: Player gets ready for ice session

- Lace skates, other equipment – helmet / stick, water bottle and personal items etc.

5: Player called to go to ice entrance by Tucker Hockey Instructors

- Orderly / individually
- Players place water bottle / face mask / other items to assigned area on bench

6: Player joins sub - group / skills station for on ice session

- **Respect physical distancing between participants**
- Completes and enjoys the session

7: Player called to go to exit entrance - after completion of session – by Tucker Hockey Instructors

- Orderly / individually
- Collects water bottle / other personal items
- Returns to assigned dressing room & removes skates in dressing room
- **Note: Shower facilities will not be available, it is recommended players come dressed to play and go home to change afterward if possible.**

8: Player exits arena / monitored by Tucker Hockey Staff

- No wandering in arena
- **Wearing a facial mask in the arena is mandatory**
- Please disinfect helmet and gloves before and after each session.

Note: Allow no more than **5** minutes in arena lobby after session to avoid any congestion.